

Your physical and emotional health, safety, and wellness is important to us.

If you are in distress or crisis, please call or text the Suicide Prevention Lifeline at 988 OR text 'Home' to 741-741.

If something inappropriate has happened to you at a BBYO event, please report it to a trusted BBYO staff member, scan the QR code below, or call our confidential third-party support line at (833) 480-0010.

